

Adapting Codes: High Performance to Resiliency

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Elizabeth Tomlinson, PE, CxA,

LEED BD+C, EMP

Senior Registered Engineer



Jay Wiederholt, AIA,

LEED BD+C, NCARB

Senior Architect



September is National Preparedness Month



FEMA

Be Informed.

Do you know what kind of emergencies might affect your company?
Do you know what you will do in an emergency situation?

Develop a Business Continuity Plan.

Do you know which staff, procedures and equipment are absolutely necessary to keep operating?
Do you have back-up plans for those operations?
Do you know what you will do if your building or plant is not accessible?
Do you know what you will do if your suppliers are impacted by a disaster?
Are you ready for utility disruptions?

Prepare your Emergency Plan.

Do you have an evacuation and shelter-in-place plan?
Do you have a plan to communicate with employees before, during and after an incident?
Do you have copies of building and site maps with utilities and emergency routes marked?
Are your employees trained for medical emergencies?

If you answered “No” to any of these questions, visit [ready.gov](https://www.ready.gov) and learn how to better prepare your business.

Practice the Emergency Plan.

Have you practiced your plan recently?
Do you practice and coordinate with other businesses in your building or industrial complex?
Have you reviewed your plans in the last 12 months?

Review Insurance Coverage.

Have you reviewed your insurance coverage recently to see if you're covered in a disaster?

Secure Your Facility and Equipment.

Have you secured all the ways people, products and supplies get into your building?
Have you conducted a room-by-room walk through to determine what can be strapped down?

Improve Cyber Security.

Do you regularly install patches to your software?
Have you installed a firewall on your computer?
Do you regularly update your antivirus software?

Promote Family and Individual Preparedness.

Do you encourage employees to have a personal emergency supply kit and a family communication plan?



2016 Building Industry Statement on Resilience

- ***The ability to prepare and plan for, absorb, recover from, and more successfully adapt to adverse events.***

CULTIVATORS

led the effort to establish and implement the Statement with their industry peers



FOUNDERS

united to define the goals and objectives of a resilient built environment



AMPLIFIERS

joined the founding signatories in committing to the advancement of Statement goals



Potential Adverse Events

NATURAL

- Extreme Precipitation
- Storm Surge
- Extreme Temperatures
- Air Quality
- High Wind Events
- Drought
- Earthquakes
- Fire

MAN-MADE

- Cyber Terrorism
- Terrorism
- Utility Failures



First Steps: Risk Assessments for Resiliency

- Identify plausible, defensible adverse events
- Identify desired outcomes
- Identify existing assets
- Identify existing liabilities
- Develop strategies to '***absorb, recover and adapt***' to adverse events.



Multiple Threats to Buildings

- Extreme Precipitation Flooding – climate change
- Extreme Temperatures – climate change
- Air Quality – Increased particulates (smoke, dust, debris)
- High Wind Events – Nor'easters, Hurricanes, Tornadoes
- Drought – climate change
- Utility Failures – The Big Blackout
- Terrorism – impact on transportation and infrastructure
- Earthquake
- Hurricane Storm Surge



Duluth Flooding (2012)



Severe Storms: Flash Flooding and Tornadoes (2017)

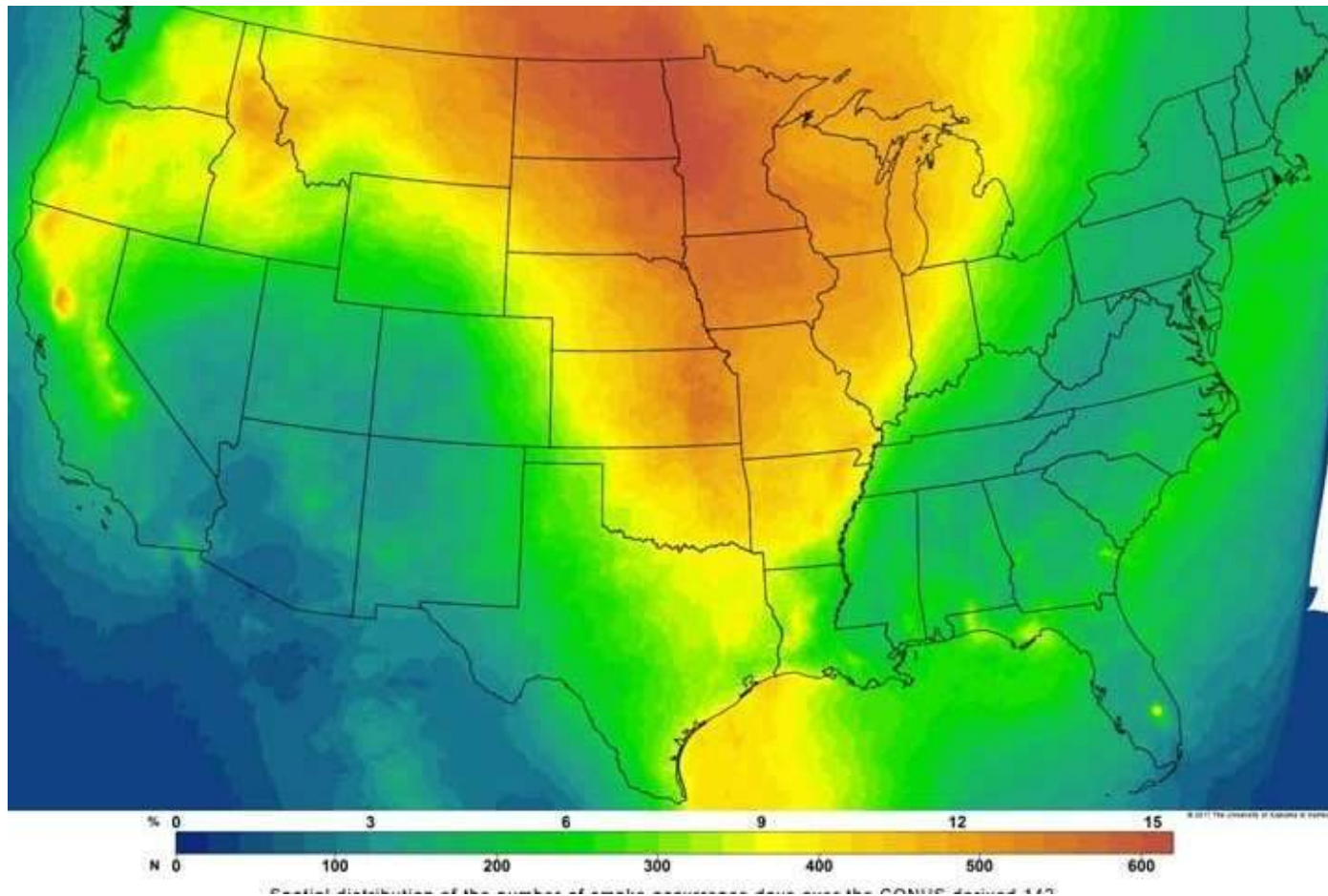


Chicago Rockford International Airport, Credit to Jacob Booker.



2005-2016 Air Quality Research by University of Alabama, Huntsville

Total days covered by forest fire smoke



Consequences

- Disruption of internal life safety systems
- Flooding of critical building spaces
- Loss of utility service: power/gas/steam
- Loss of water and/or sewer service
- Reduction in accessibility
- Internal property damage
- Occupant discomfort, loss of habitable space



Risk Liabilities



TKDA's Resiliency Leadership

- **2018 UC Berkeley Climate Adaptation Roundtable:** *published in ASHRAE Journal Sept/Oct 2018*
- **2018 ASHRAE Resiliency Public Policy Document**
- **2017 ASHRAE Climate Change Public Policy Document**
- **2018 TKDA joins ULI MN Resilient Communities Council**
- **2017 TKDA joined the National Resiliency Initiative Midwest Hub** *Assessed useful MN resiliency requirements.*
- **2017 TKDA joins National Resiliency Initiative Midwest Hub:** *Assessed potential MN B3 Resiliency requirements for the State of MN*
- **2016 MN Resiliency Collaboration (TKDA in leadership)**



THE AMERICAN INSTITUTE OF ARCHITECTS: Sustainability Initiative

Understanding Resilience

Buildings and communities are subjected to destructive forces from fire, storms, earthquakes, flooding, and even intentional attack. The challenges facing the built environment are evolving with climate change, environmental degradation, and population growth. Architects have a responsibility to design a resilient environment that can more successfully adapt to natural conditions and that can more readily absorb and recover from adverse events. The AIA supports policies, programs, and practices that promote adaptable and resilient buildings and communities.

Architect have a **responsibility to design** a resilient environment that can more successfully **adapt** to natural conditions and that can more readily **absorb** and **recover** from adverse events.



Robust
Tough
Life Span
Durable
Adapt
Flexible
Absorb
Recover

1.

Hazard: poses a threat to safety

Hazards such as hurricanes, tsunamis, earthquakes, tornadoes, blizzards, drought, and wildfires are responsible for injury, death, and property damage as well as social and economic disruption. These events are no longer a one-off, once in a lifetime event; particularly when we look at the impacts of climate change.

2.

Risk: quantifies hazard threat

Risk defines the likelihood of occurrence and intensity of the hazard. Determining the level of “acceptable risk” is critical to designing for the associated level of building performance. It is important to ask: What is the projected lifespan of the building? What are the building’s critical functional requirements before, during, and after a hazard strikes? And how long is it acceptable for the building to be out of service due to the impacts of a hazard?

3.

Vulnerability: personalizes risk

Vulnerability assesses the capabilities and interdependencies of individuals and communities associated with risk. A resilient building in a vulnerable community isn’t truly resilient. Infrastructure, utilities, food supply and services are all necessary for adequate functionality.

Mitigation: reducing negative impact

Mitigation measures are often developed in accordance with lessons learned from prior incidents. Measures may include zoning and building codes or floodplain buyouts as well as efforts to educate governments, businesses, and the public on measures they can take to reduce loss and injury. Mitigation is most successful when policies and decision-making support appropriate development, land use, site selection, and adoption of model building codes.

Resilience: inherent durability or flexibility

When working within the built environment, it’s important to have foresight: incorporating changing environmental, social, and economic conditions into projects. This requires designs that are tough as well as flexible; providing the ability to not only bounce back, but forward.

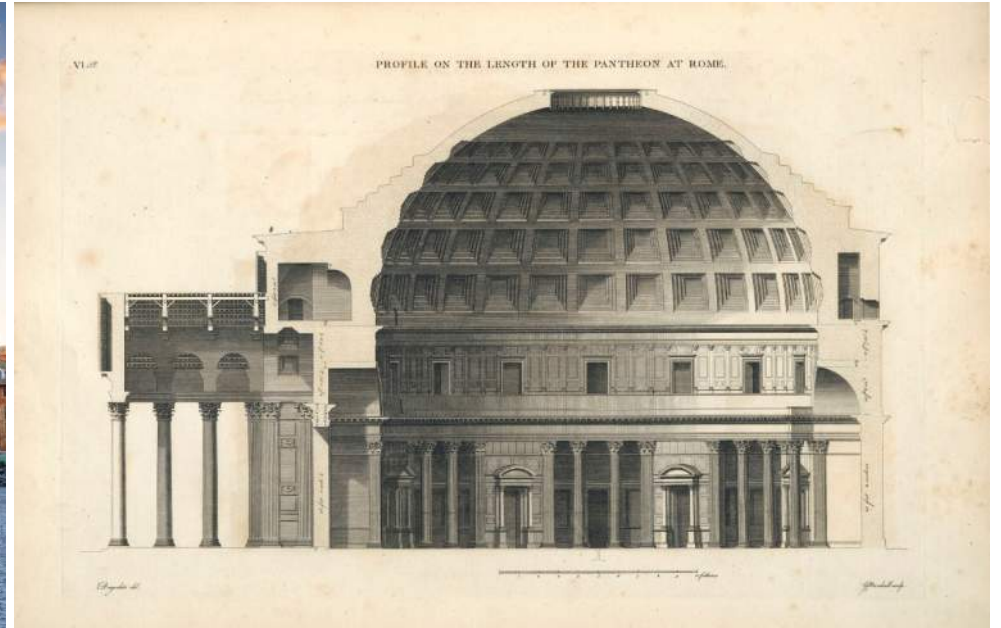
Adaptation: accommodating needs throughout service life

Hazards aren’t the only threat. It is critical to acknowledge the changing conditions in the physical, economic and social environment as well. Communities are ultimately successful when they are adaptable to change.





Pantheon – Rome, 126 AD



Historic Resilience





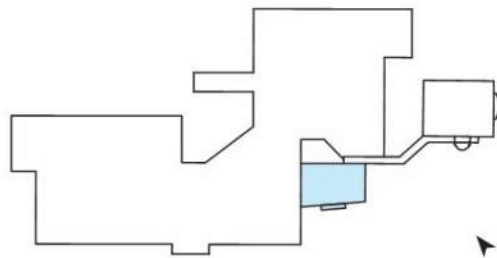
Oliver Kelly Farm, 1860's



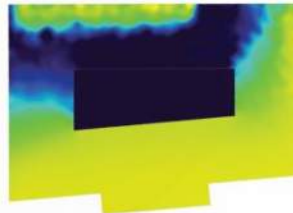
Design for Place – Reaction to Elements



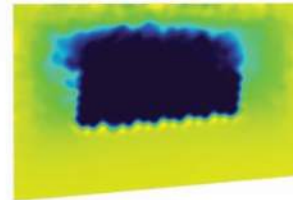
MASSING C



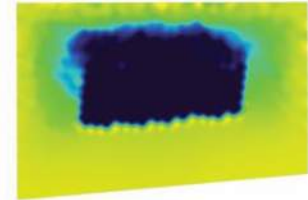
FLOOR 1



FLOOR 2



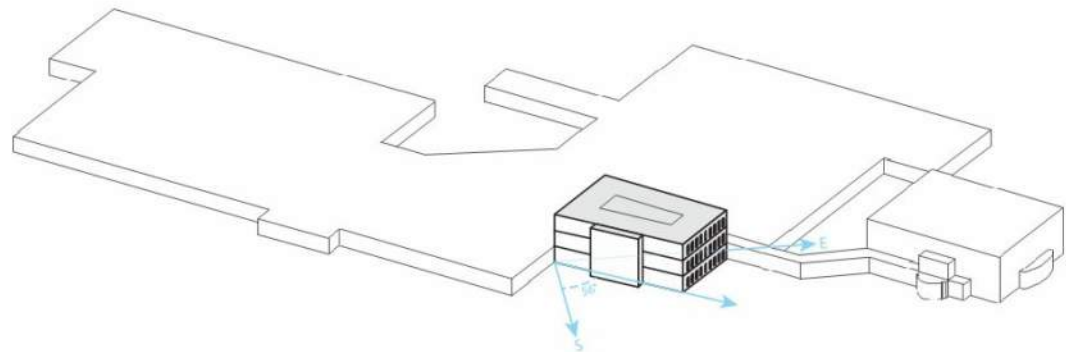
FLOOR 3

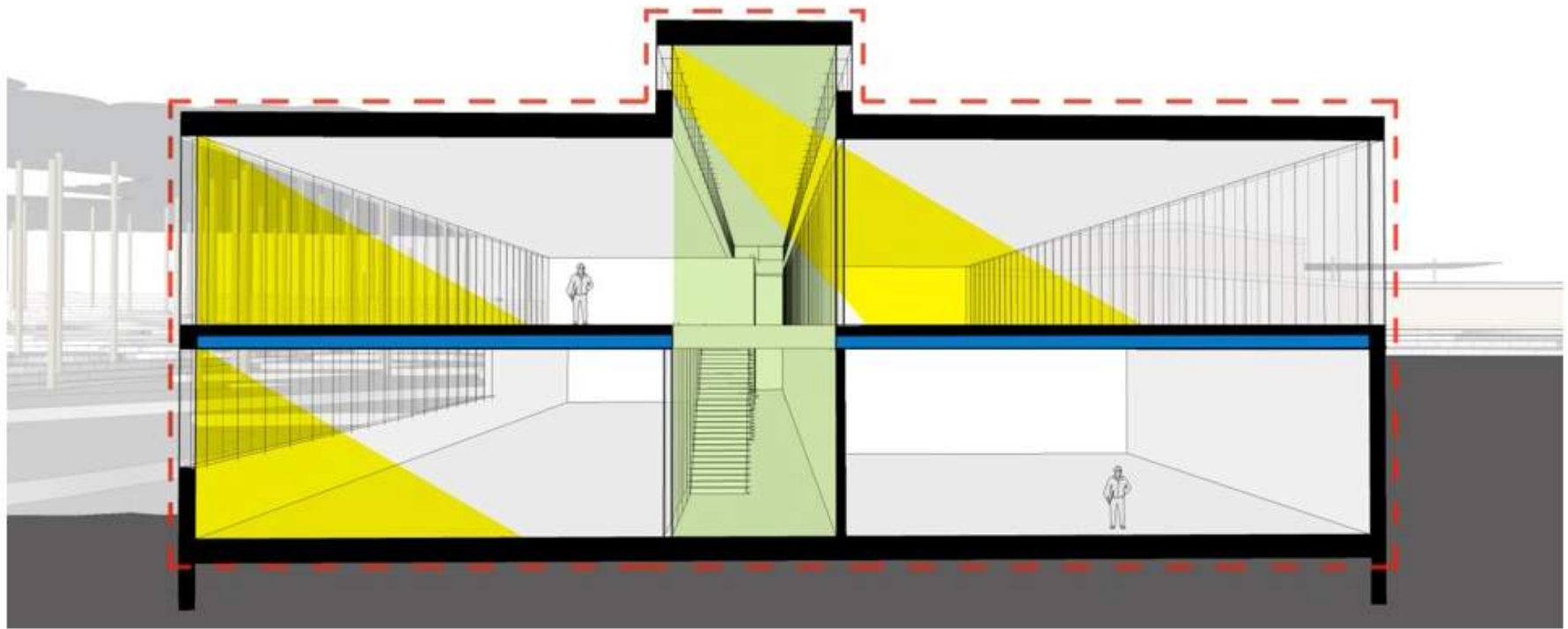


BASELINE CONCEPT

MASSING C

Annual Energy Consumption (kBTU)	1,190,400
Annual Energy Use per Gross Internal Area (kBTU/SF)	34
Annual Utility Cost (\$)	58,575
Annual Space Cooling (kBTU)	325,688
Annual Space Heating (kBTU)	408,716
Annual Grid Fuel Used (kBTU)	408,716





Enhanced
Envelope

Optimal
Orientation

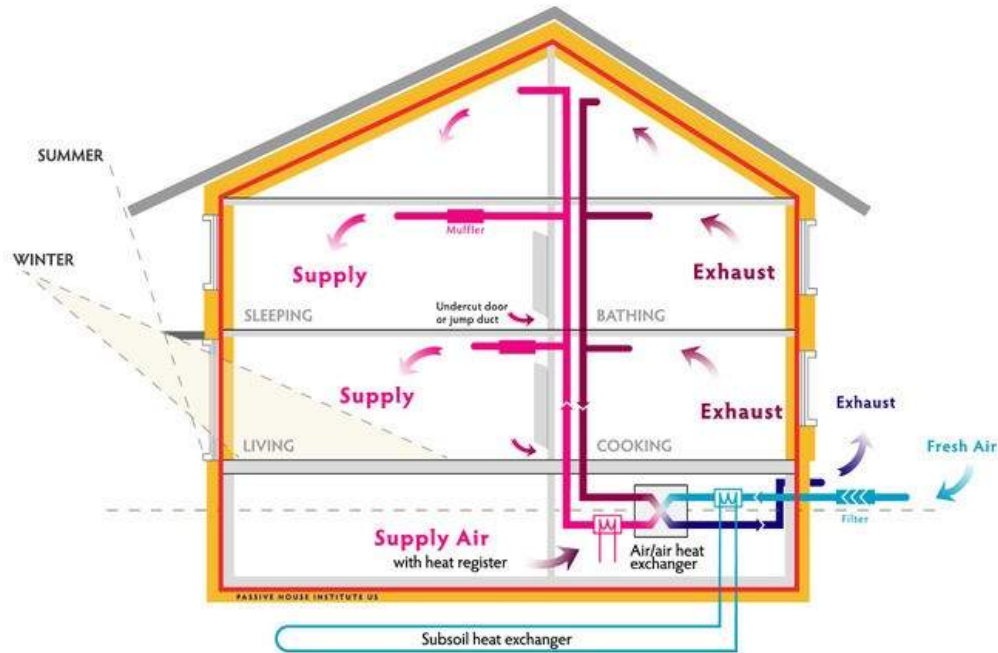
Daylighting
& Views

Natural
Ventilation

Durable
Materials

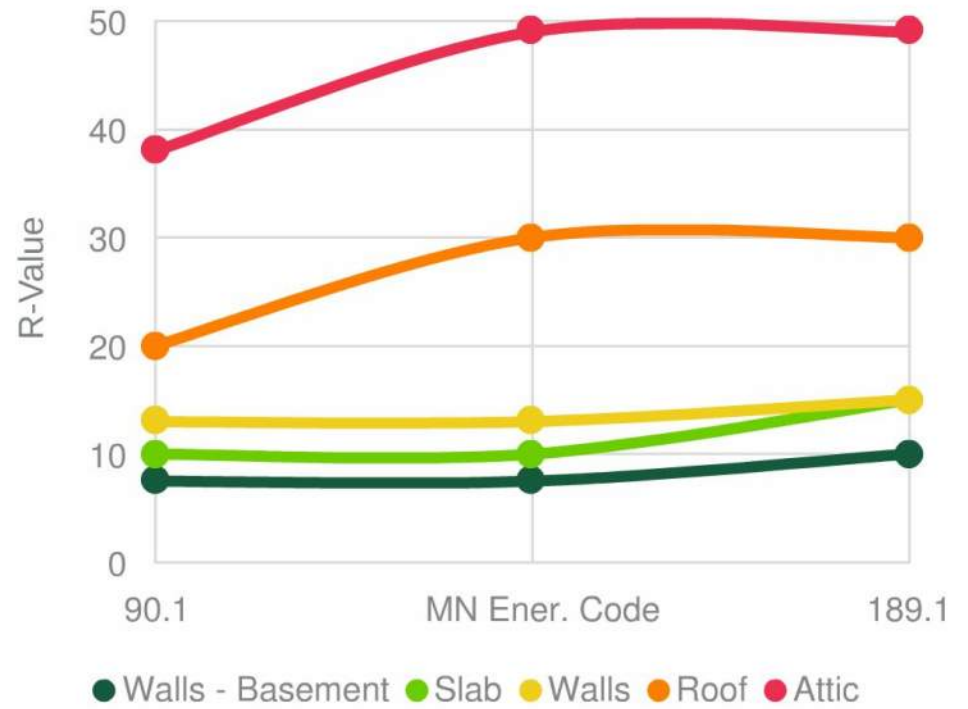
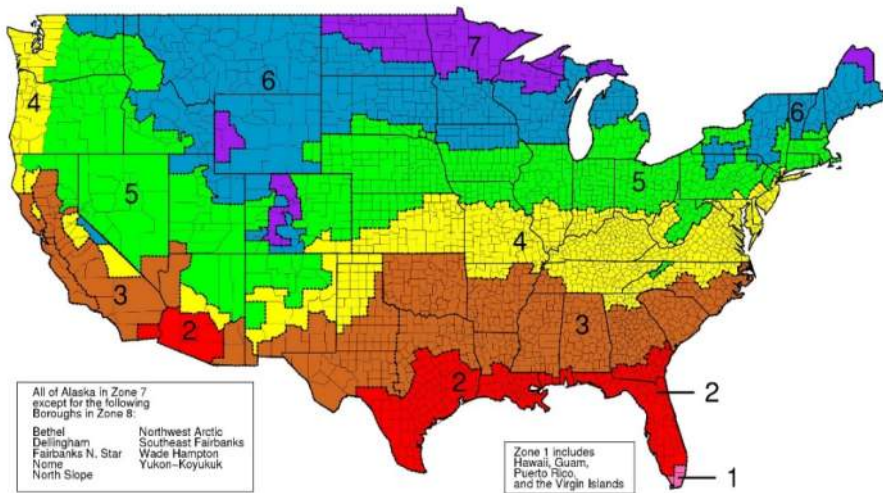
Resiliency Strategies for Architectural Improvement





Super Insulation
 Eliminate Thermal Bridging
 Air-Tightness
 Ventilation w/ Heat Recovery
 Passive Solar Gain



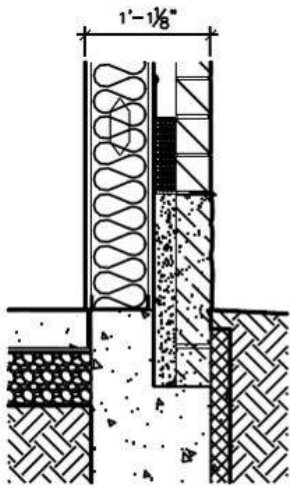


* Slab = Unheated, 24" at perimeter

** 2015 MN Energy Code

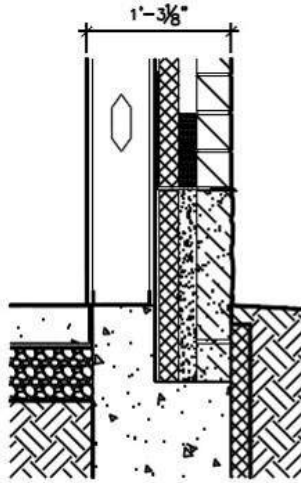
Building Envelope Requirements





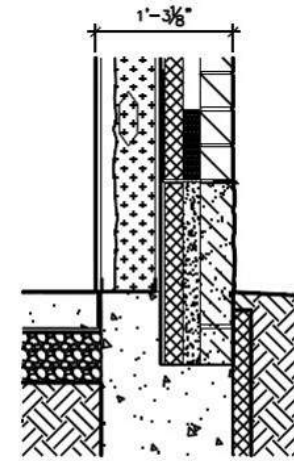
5/8" GYP. BD.
 VAPOR BARRIER
 6" MTL STUD FRAMING (16" O.C.)
 w/ BATT INSULATION
 1/2" PLYWOOD (DENSGLOSS)
 WATER BARRIER
 2" AIR SPACE
 4" BRICK VENEER

R-VALUE = 10.80



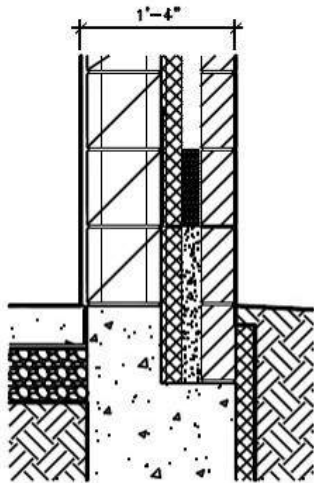
5/8" GYP. BD.
 6" MTL STUD FRAMING
 1/2" PLYWOOD (DENSGLOSS)
 FLUID APPLIED VAPOR AND
 WATER BARRIER
 2" RIGID INSULATION
 2" AIR SPACE
 4" BRICK VENEER

R-VALUE = 15.70



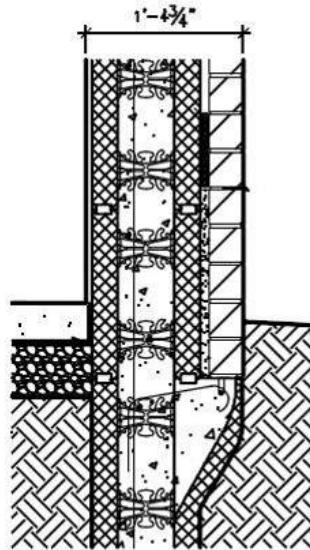
5/8" GYP. BD.
 6" MTL STUD FRAMING
 4" CLOSED CELL INSULATION
 1/2" PLYWOOD (DENSGLOSS)
 FLUID APPLIED VAPOR AND
 WATER BARRIER
 2" RIGID INSULATION
 2" AIR SPACE
 4" BRICK VENEER

R-VALUE = 22.70



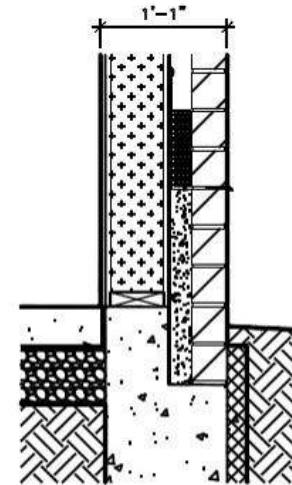
5/8" GYP. BD.
 8" CMU
 FLUID APPLIED VAPOR AND
 WATER BARRIER
 2" RIGID INSULATION
 2" AIR SPACE
 4" MASONRY VENEER

R-VALUE = 16.00



5/8" GYP. BD.
 2 3/4" EPS
 6" CONCRETE CORE
 2 3/4" EPS
 1" AIR SPACE
 4" BRICK VENEER

R-VALUE = 26.70

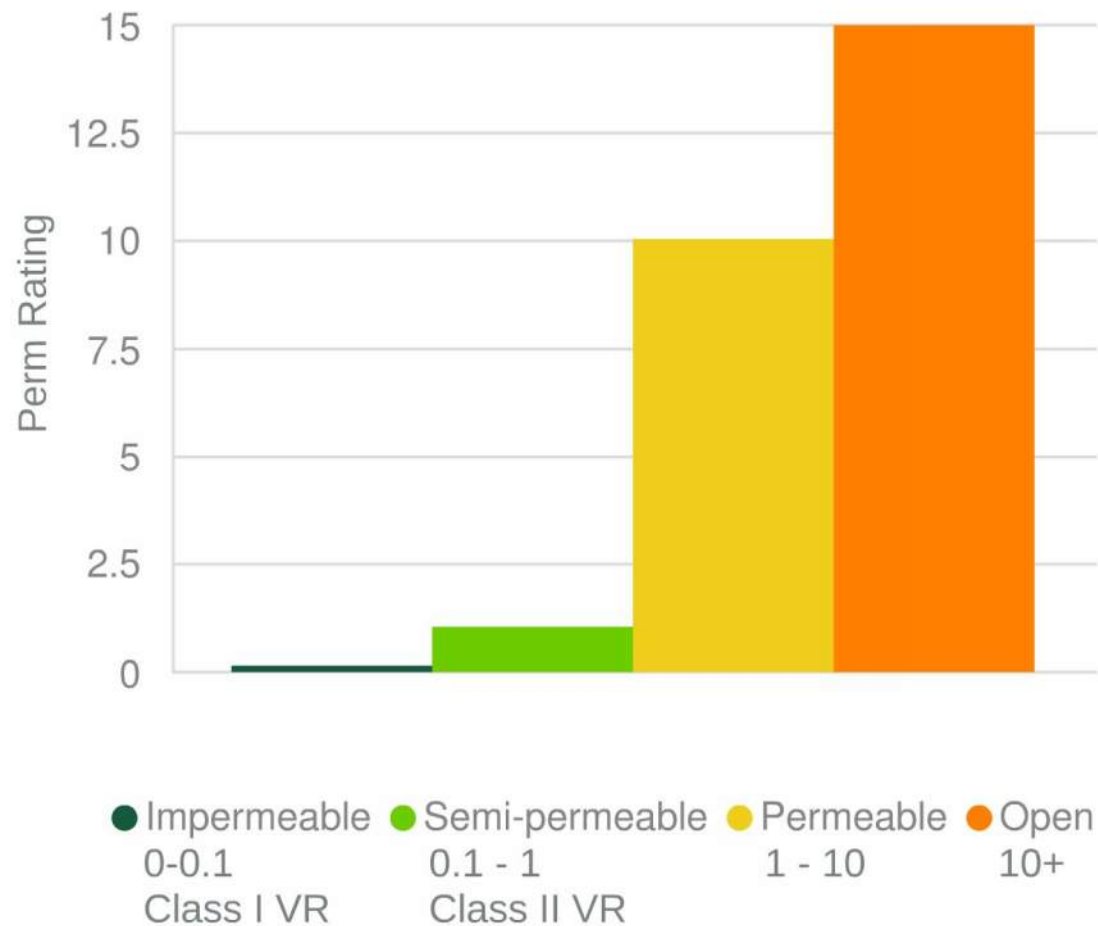
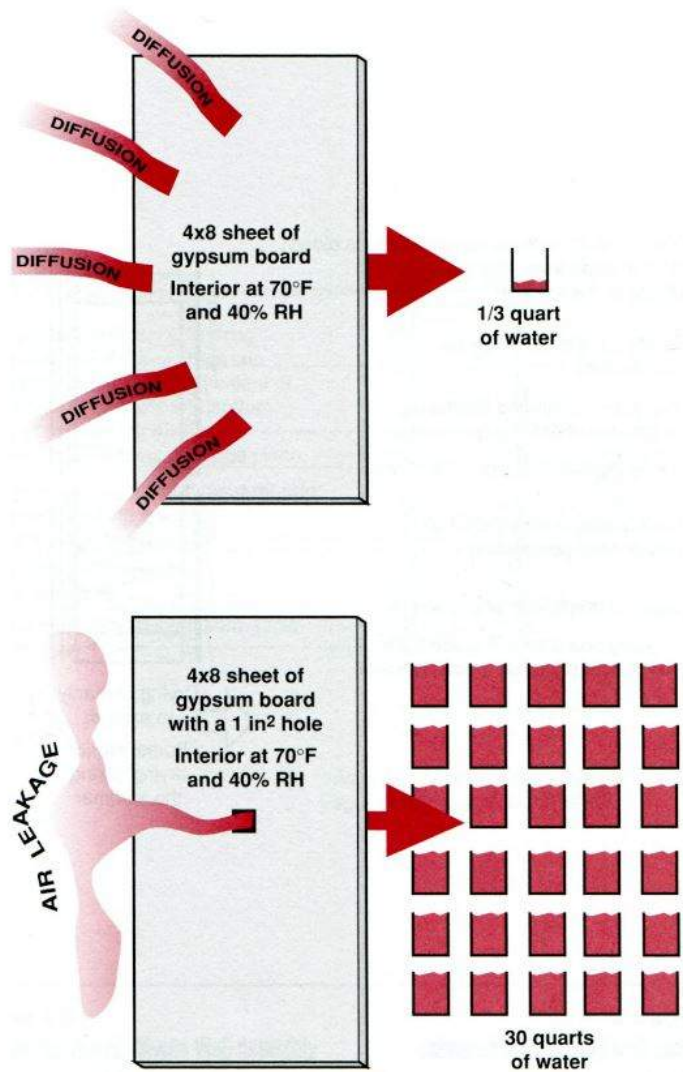


5/8" GYP. BD.
 SIPS, SEE BELOW
 WATER BARRIER
 2" AIR SPACE
 4" BRICK VENEER

6 1/2", R-VALUE = 27.70
 8 1/4", R-VALUE = 34.90

Commercial Wall Assemblies – Typical

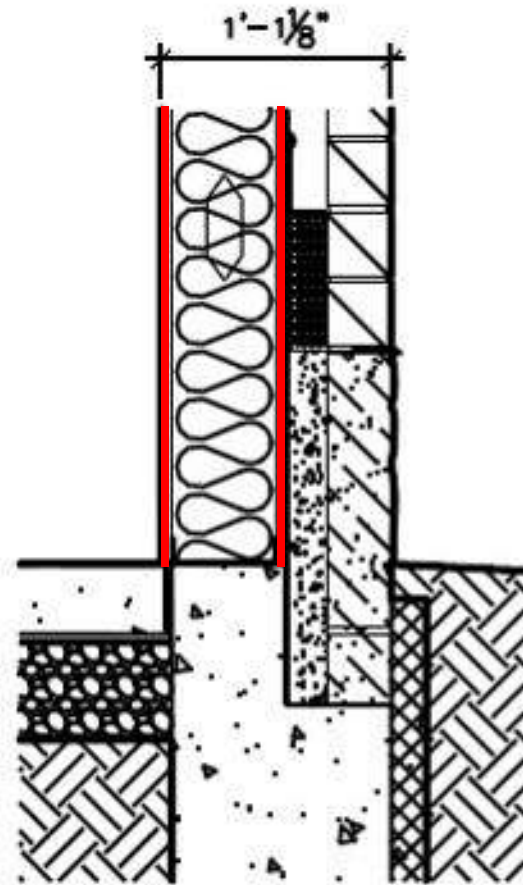




Permeability and Air Leakage



- Brick = 0.8
- Concrete = 1.25
- CMU = 2.4
- Gypsum Board = 50
- Asphalt Felt = 1
- Tyvek = 48
- Plywood = 0.7**
- EPS Insulation = 1.2
- XPS Insulation = 2-5
- Mineral Wool = 116
- Polyethylene (10mil) = 0.03**
- Aluminum Foil = 0.05
- Paint (2 coats) = 2-4



5/8" GYP. BD
 VAPOR BARRIER
 6" MTL STUD FRAMING (16" O.C.)
 w/ BATT INSULATION
 1/2" PLYWOOD (DENSGLASS)
 WATER BARRIER
 2" AIR SPACE
 4" BRICK VENEER

R-VALUE = 10.80

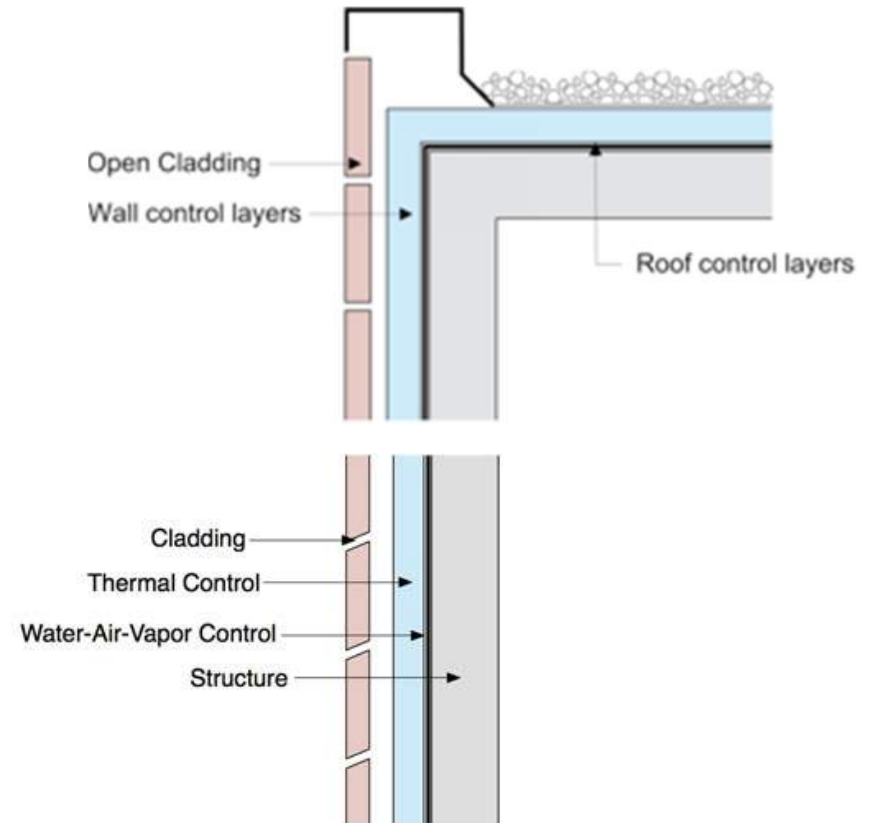


The Perfect Wall

Building Science, Joseph Lstiburek

- Rain Layer
- Air Control Layer
- Vapor Control Layer
- Thermal Control Layer

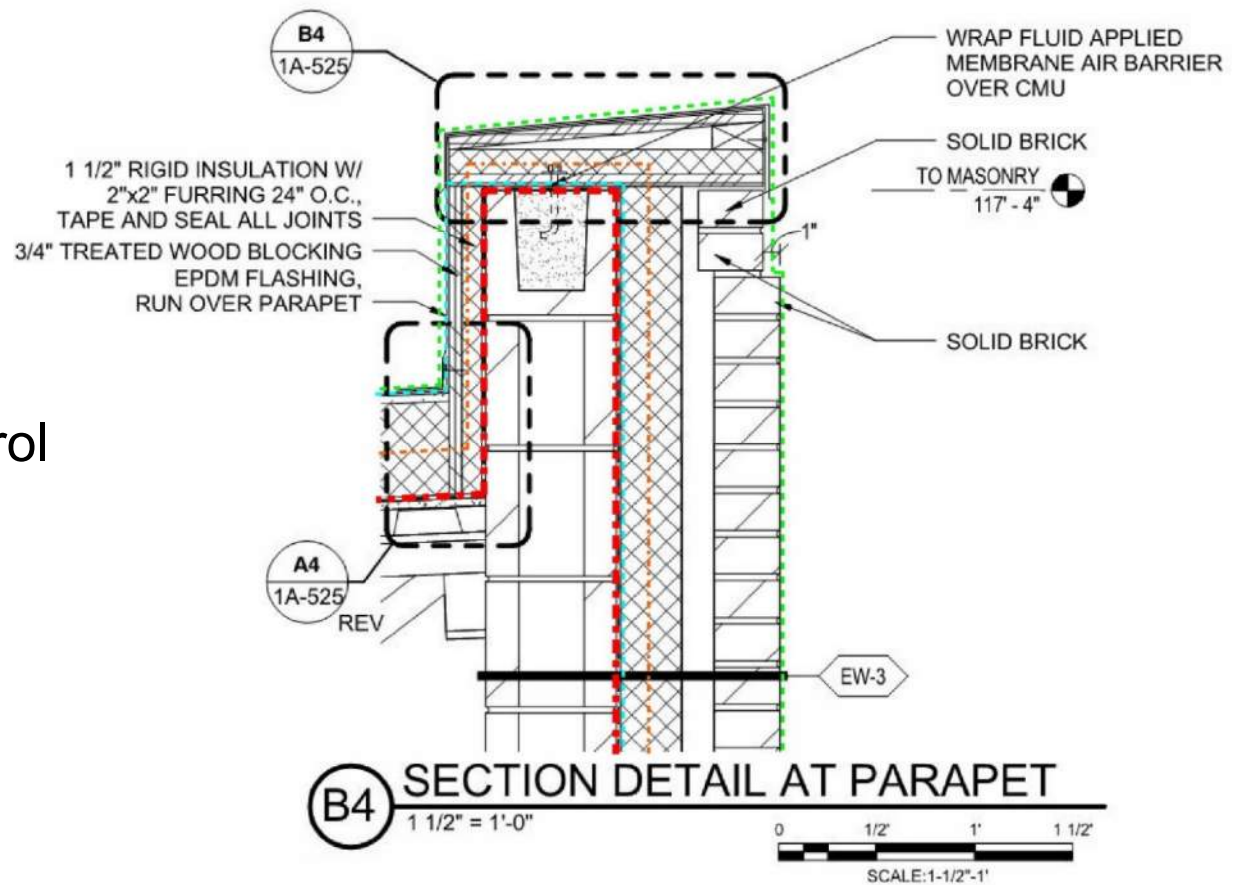
“Works everywhere in all climate zones”



The Perfect Wall

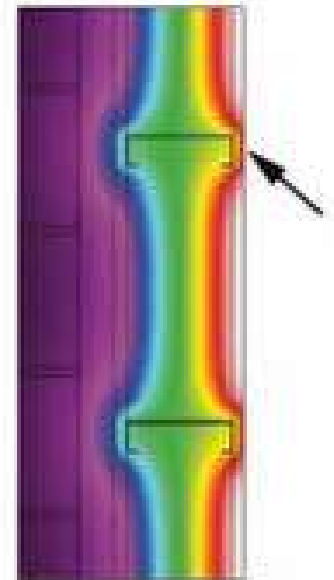
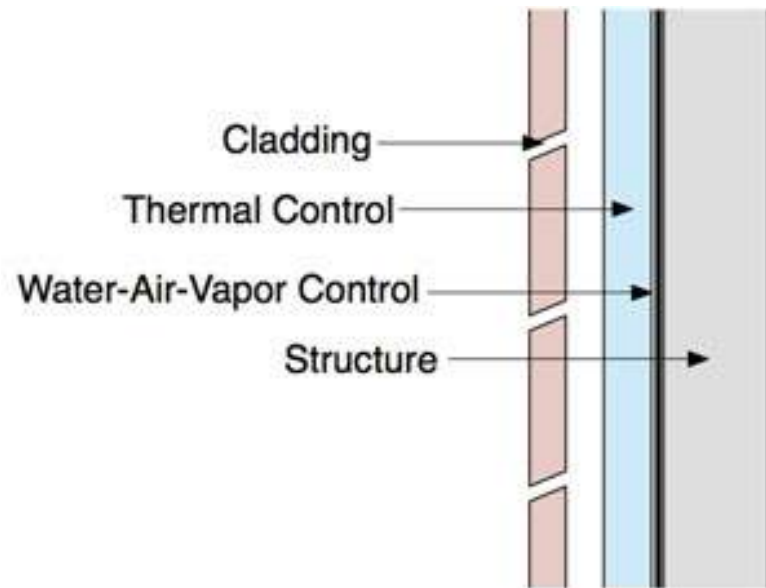


Green – Rain Layer
 Blue – Waterproofing
 Orange - Thermal Control
 Red - Vapor Control
 Red - Air Control



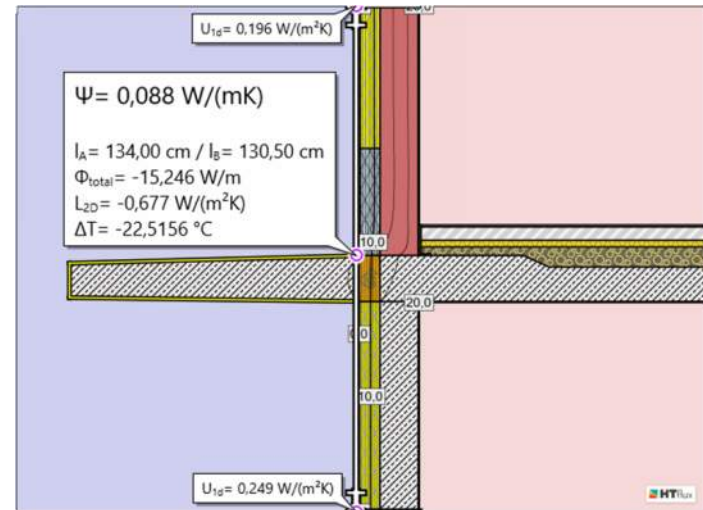
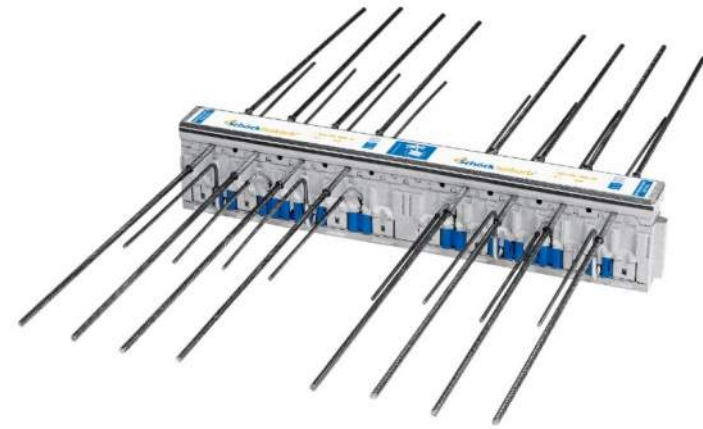
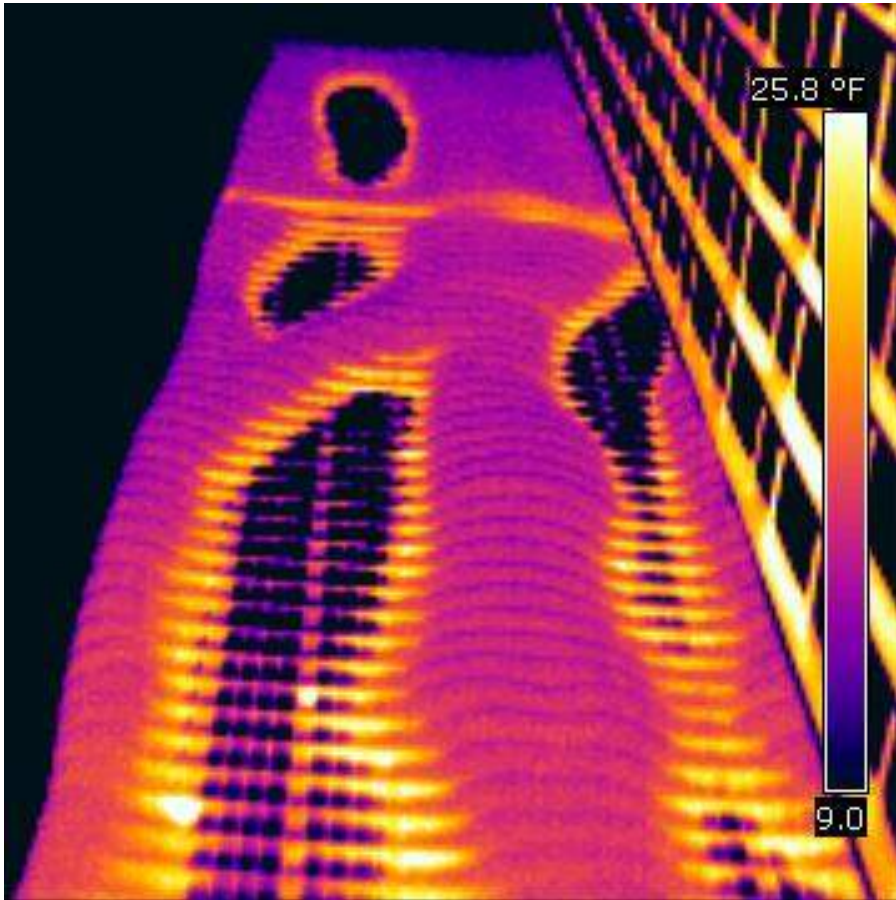
The Perfect Wall – Continuity of Layers





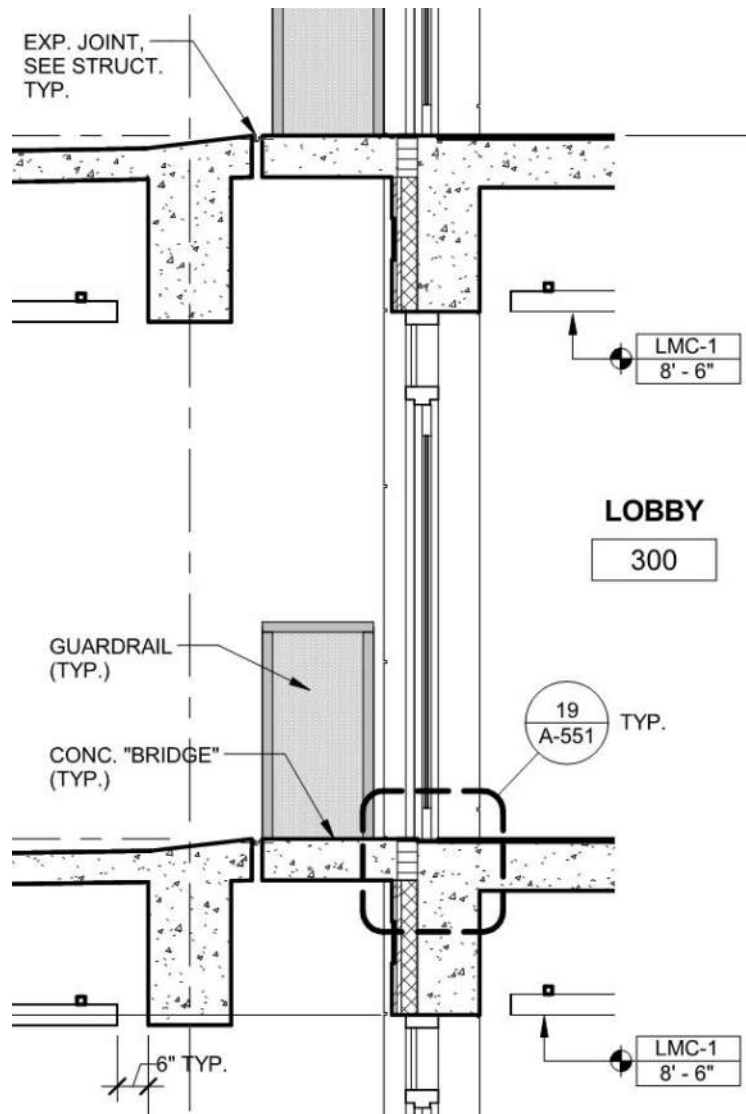
Thermal Bridging





Thermal Bridging – Slab Extension





Thermal Bridging – Slab Extension Installation





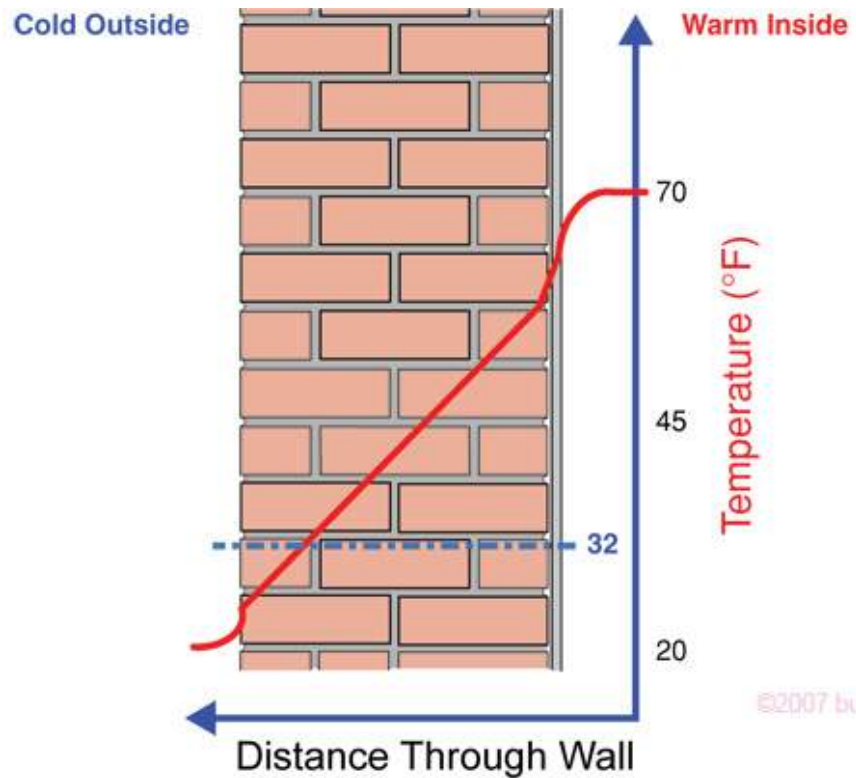
Good...*but not* Perfect



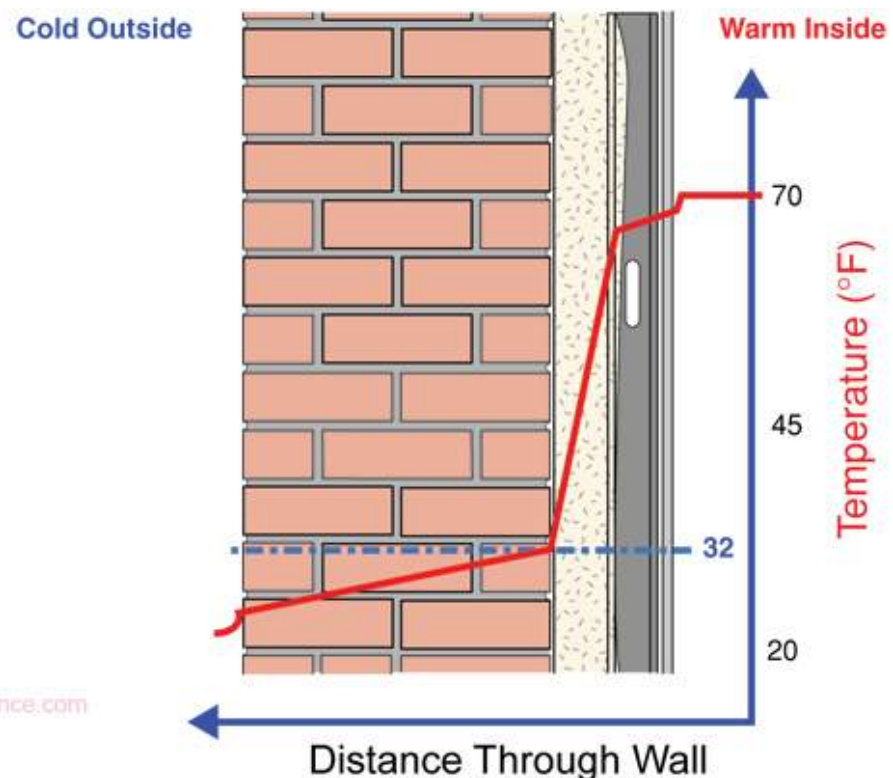


Good...*but not* Perfect



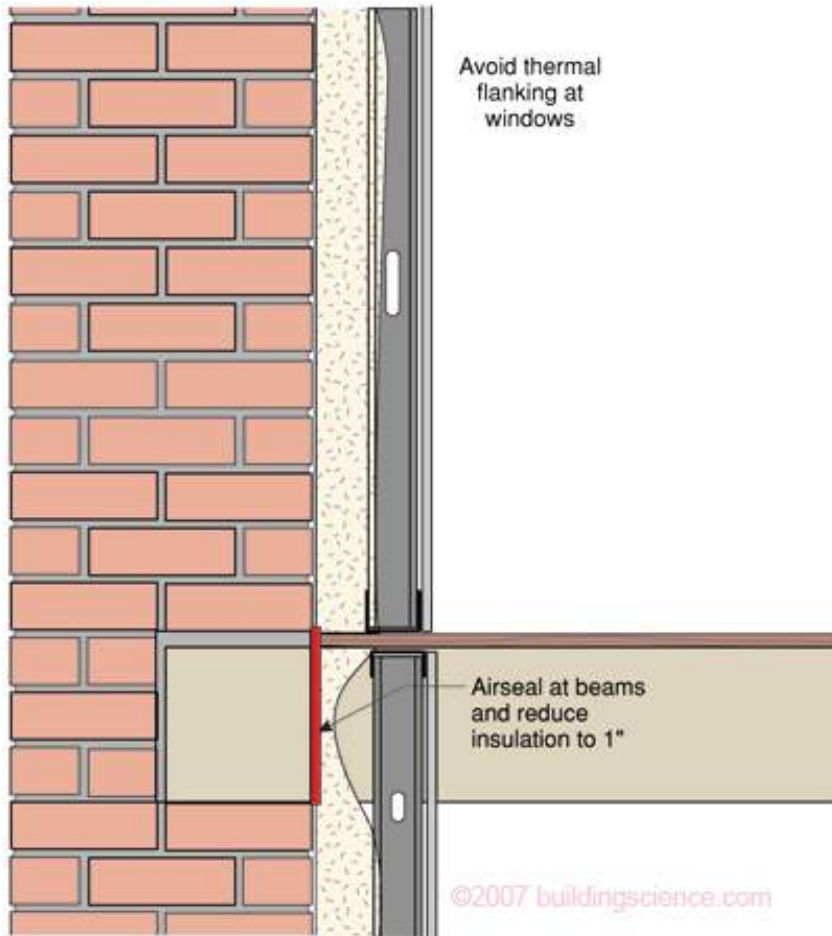


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Existing Wall Assemblies





Existing Wall Assemblies – Pioneer Hall



- Set Goals Early
- Engage team
- Think creatively
- Don't accept failure
- Continuous feedback

Lead the Way

